

Project Turnabout Addiction Recovery Center

Annual Report 2009

Reporting our Mission at Work to Individual Donors, Patients, Families, Friends, and the General Public

"Do not go where the path may lead, go instead where there is no path and leave a trail."

- Ralph Waldo Emerson

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Granite Falls Energy
Granite Falls Hospital & Manor
Granite Falls Lions Club
Granite Falls Lutheran Church Women ELCA
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Griggs Cooper & Co.
Grizzly's
H & H Construction
H & L Motors
Hampton Inn
Harborview Café
Hawk Creek Country Club
Hazellewood
Henle Printing Company
HI LO Ranch Kennels
Hillyard Floor Care
Supply Co.
History Theatre
Hoff Chiropractic
HyVee
Immanuel Lutheran Church Women
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Marshall Decorating
Marshall Radio

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Prairie's Edge Casino
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Project Turnabout
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TASC
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The Doug Club
The Hudson Community Fund
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The Sawmill Builders Supply Inc
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Wisconsin Cheese Milk
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Wisteria Design Studio
Wood Lake Lumber
Wood Lake Rural Charities
Yellow Medicine County Family Services

Dear Friends,

Project Turnabout is approaching our 40th anniversary this year. Our history is full of overcoming challenges and obstacles, including almost complete destruction of our facilities in 2000 by a tornado. Through it all, a committed staff and board have kept us focused on our primary purpose: to continue to help people, families, and our communities deal with alcohol, drug, and gambling problems. This, combined with our commitment to providing affordable treatment, has increased demand for our services. Our residential treatment programs have been operating at near full capacity.

We are committed to continuously improving our services. Three years ago, Project Turnabout's board and staff began a strategic planning process with the intent of moving Project Turnabout forward in the areas of quality and innovation. Some highlights of this plan are as follows:

- Bolstered our clinical staffing configuration, including expansion of our full time psychological coverage and increased counseling staff to better meet the individual needs of those we serve.
- After receiving a Federal Block Grant from the Minnesota Department of Human Services Alcohol and Drug Abuse Division, Project Turnabout is working toward completion of five years of offering alcohol, tobacco, and other drug prevention activities in our 27 county area. We are committed to providing an additional five years of prevention activities and have submitted a RFP for another five year grant.
- Opened an alcohol and drug outpatient adolescent treatment program in Marshall.
- Expanded into a new office in Willmar offering adult outpatient alcohol and drug treatment.
- Continued our role as one of the few residential programs in the country for problem gambling.

All of this and more has been accomplished with the help of Project Turnabout's friends, alumni, and supporters. Each year, despite the difficult times, more and more individuals and organizations have joined with us in support of all of our efforts. Thank you. Our commitment to you is that we will stay focused on our primary purpose and work to continuously improve both access to and the quality of our services.

Those of us who work at Project Turnabout understand that the heart of what we do is the restoration of hope. So many caught in the throes of addiction have "dug deep holes" in so many areas of their lives. We help individuals and families face their addiction and then guide them to a sense of hope for a better life of "what can be." From this comes commitment... to learn and practice those changes in a lifestyle of ongoing recovery. This includes support from professionals, as well as on-going self help support groups.

The economy has affected almost everyone. Some patients come to us with paper bags for suitcases. Others come to us demoralized by lost employment in addition to their addictive illness. Still others may have health insurance that covers treatment costs but they cannot afford their co-pays. In all cases, they look to us for help.

To assure that Project Turnabout is able to continue helping those who come to us, we look to you for help. Your tax-deductible contributions, large and small, support our efforts to bring those in need one step closer to recovery. Your generosity will allow members of our community to experience the miracle of recovery and hope for a better quality life.

For those of you, who have helped us in the past, please accept our heartfelt gratitude.

Thank you,

MICHAEL SCHIKS
Executive Director/CEO

For more information on how you or your company can invest in the future of Project Turnabout and our community, please call Mark Sannerud or Mike Schiks at 800-862-1453.



"Project Turnabout remains a sanctuary of hope, where those who suffer from alcohol, drug, and/or gambling addiction will always find an open door, open hearts, and a professional staff ready and trained to help."

Project Turnabout Main Campus

660 - 18th Street
PO Box 116
Granite Falls, MN 56241

Toll Free: 1-800-862-1453
Phone: 320-564-4911
Fax: 320-564-3122

Website:
www.projectturnabout.org

Blog:
www.projectturnabout.wordpress.com

*Compassionate Hearts
Professional Services
Respectful Environment*



Guiding Mission:

“To operate services designed to help alcohol and drug dependent people, compulsive gamblers and perpetrators of domestic abuse or community violence.”

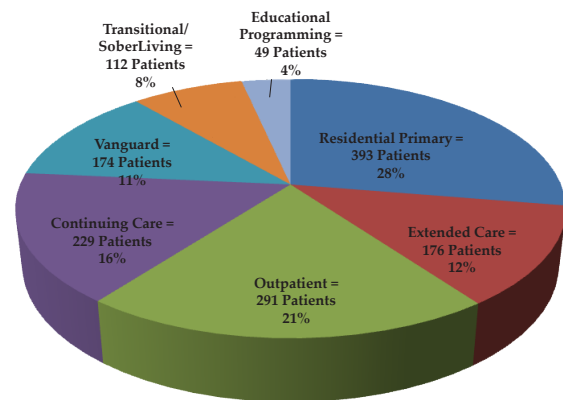
“I can honestly say that Project Turnabout saved my life by giving me an opportunity for the fog to lift and to see clearly for the first time in a long time! I received a great many of the tools that I use to this day.”

- Project Turnabout Alumni

Project Turnabout: Continuing to Serve the Recovery Community

Project Turnabout served 1,424 individuals in chemical dependency and compulsive gambling recovery programs in fiscal year 2009 (July 1, 2008 – June 30, 2009); an 8% increase over the previous year. We strive to serve all individuals in need and continue to evaluate potential needs not being met. This year, we expanded our treatment programming to include care for adolescents in an outpatient setting. However, this is only part of the growing number of people we touch throughout the year. When you consider family members who participated in the family program, educational events, growing alumni program, and those who are engaged by Project Turnabout’s community prevention and outreach programs, the number of people who ultimately benefit grows exponentially. Here is a snap shot of the Admissions by Program for FY 2009.

Fiscal Year 2009 Program Admissions



Trends in Program Admissions Fiscal Years 2005 to 2009

(July to June)

	2009	2008	2007	2006	2005
Chemical Dependency:	1,089	1,042	731	627	655
*Residential Primary	393	380	384	365	382
*Extended Care	176	163	175	169	190
*Outpatient Primary	291	267	105	93	83
*Continuing Care	229	231	67	-	-
Vanguard Gambling	174	174	180	193	181
Transitional & Sober Living	112	106	81	71	84
Educational Programming	49	-	-	-	-
Total Admissions	1,424	1,322	992	891	920

2009 Project Turnabout Total Program & Outreach Participation

CD Addiction Treatment Programs	1,089
Vanguard Gambling Addiction Treatment	174
Transitional & Sober Living	112
Family Program	1,987
Alumni Activities	1,267
Prevention Program Participation	989
Coalition Meetings	700
Community Presentations:	
Quarterly Speaker Meetings	540
Quarterly Trainings	425
Women’s Recovery Luncheons	720
Total Participants	8,003

The number of people seeking the hope of recovery and a better quality of life is growing. In the state of Minnesota, it is estimated that 380,000 Minnesota adults were in need of substance abuse treatment in 2007, yet only 7% of those were able to access treatment. The need for help is compelling. Project Turnabout is a leader in the field, providing access to treatment services that work and keeping our costs affordable. The demand for Project Turnabout’s services continues to grow throughout the whole state of Minnesota and beyond.

The Patients at Project Turnabout

Residential CD Patients	Vanguard Patients
68% are male and 32% are female	49% are male and 51% are female
42% are 18-28 years old	38% are 41-55 years old
12% are married, while 88% are single, divorced/separated, or widowed	32% are married, while 68% are single, divorced/separated, or widowed
98% are Minnesota residents	86% are Minnesota residents
32% have some college or an undergraduate degree, while 44% have their high school diploma	55% have some college or an undergraduate degree, while 35% have their high school diploma
74% are unemployed	31% are unemployed
55% are diagnosed as being addicted to alcohol, 17% to marijuana, and 28% to other drugs	42% are compulsive gamblers and addicted to alcohol and/or drugs
54% of family members participate in the Family Program	70% of family members participate in the Family Program

Development and Philanthropy at Project Turnabout:

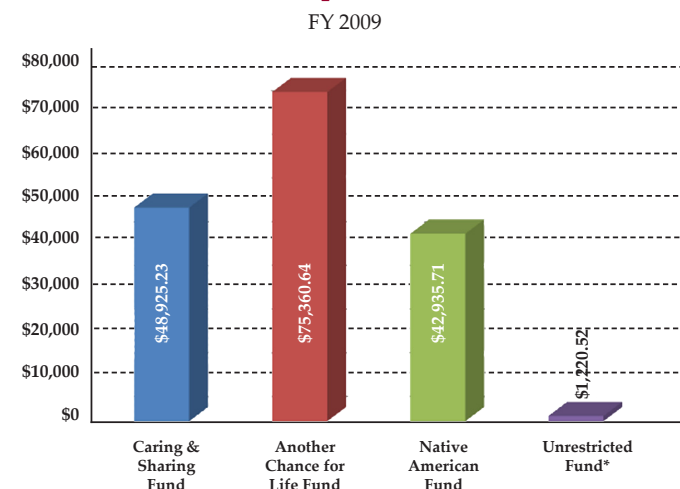
Mission: Our purpose is to garner philanthropic support for Project Turnabout & Vanguard patients, families, programs, and services to ensure continued access to care for those in need. We do this by developing, managing, administrating, and demonstrating responsible stewardship of funds donated for charitable purposes, as an investment in the future and to fulfill our guiding principle of “Keeping our cost down and our doors open to all.”

This past year, 2009, will be remembered as a tough year for many people. The economy was hit extremely hard, leaving many people with anxiety and difficult decisions to make. This economic challenge also challenged us to facilitate additional planning and fundraising efforts to meet the growing need of those we serve. We are pleased to communicate that we were blessed with over \$120,000 in donations for fiscal year ending in July 2009. We are even more excited about the number of individuals and families helped - 300 with scholarships totaling \$168,442.10.

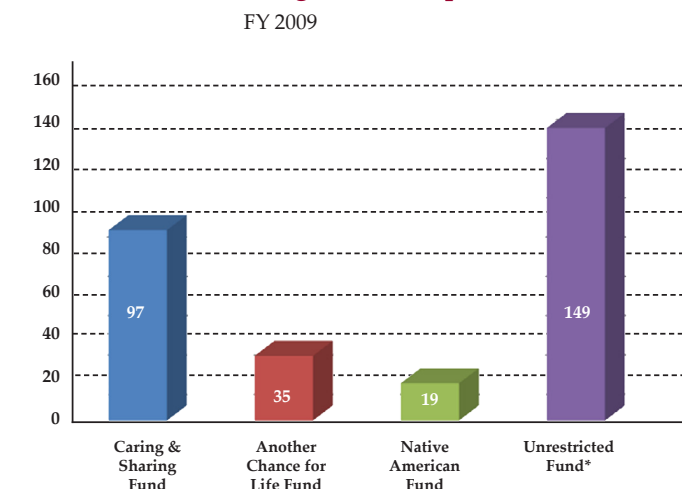


MARK SANNERUD
Director of Development & Outreach

Scholarship Funds Disbursed



Patients Receiving Scholarships



* Often times, the “Unrestricted Fund” is used for patients who are unable to afford personal care items.

In Recognition of Your Support

Project Turnabout would like to recognize the extraordinary support and contributions from so many individuals and organizations. While we do not have the space to recognize every historical contribution in this document, we want to express our deepest gratitude to all who have so freely given their time, money and support to help Project Turnabout carry its message of hope for recovery into our community. *Thank you donors!*

Project Turnabout’s Board of Directors

- Dave Smiglewski, President
- Jan Nelson, Vice President
- Sandra Redding, Secretary
- Paul Moe, Treasurer
- Duaine Amundson
- Cheri Weismantel
- John Haines
- Ron Laycock
- Don Mitteness
- Dolores Schmitt

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- | | | | |
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Donor recognition continued on back ----->